



RAISE Network Meeting

June 9, 2022



Meeting Overview

- Welcome
- Statewide TICN Updates
- Legislative Updates
- Local Updates
- Partner Announcements
- Committee Updates
- Committee Breakouts
- Celebrating RAISE's 3rd Birthday
- Thank you & Close

RAISE Member Survey:

ACEs and Resilience Collective Community Capacity (ARC3) Survey

Make your voice heard! Fill out the ARC3 Survey to provide feedback on how RAISE can meaningfully contribute to its members work around ACEs, resilience, and trauma-informed practices.



- Survey will assess the experience of RAISE members and evaluate RAISE's capacity to fulfill its mission of building a more trauma-informed and resilient Alexandria.
- Results of the survey will be used to guide the planning of future activities and the distribution of resources.
- RAISE has modified the ARC3 Survey from the Washington State ACEs Public-Private Initiative consortium.

Scan the QR code above, or [click here](#) to take the survey!

A teal-colored map of the state of Virginia is centered on a dark grey background. The map shows the state's outline and some internal county boundaries. Overlaid on the map is the text 'VA TICN Updates' in a white, hand-drawn, sans-serif font. The word 'VA' is positioned above 'TICN', and 'Updates' is to the right of 'TICN'. A white horizontal line is drawn under the 'VA TICN' portion of the text. The word 'TICNS' is written in a smaller, dark teal, sans-serif font directly below the line.

VA TICN Updates

VIRGINIA TRAUMA-INFORMED COMMUNITY NETWORKS

VATICN Updates



Life Up
Virginia
RAISING RESILIENCE



VATICN Updates

Resilience Week Highlights:

- View the Resilience Week VA 2022 recap video [here!](#)
- Daily Campaign and [Webpage](#)
- Building Resilient Communities Conference
 - Workshop recordings are available for viewing! Check out the handout with links to recordings [HERE](#).
- 30 people attended **Build Resilience through ACEs Training** delivered by Stacey



TOGETHER
WE RISE

RESILIENCE WEEK VA 2022
MAY 1-7, 2022



2022 Legislative Session Updates

From Voices for Virginia's Children

2022 General Assembly Session Updates

- State funding for **school-based mental health** integration projects linking mental health services into schools. The legislature approved \$2.5 million for school-based mental health projects as well as the first regional recovery high school in Virginia.
- New initiatives to address long-standing challenges in **the child welfare system** include:
 - Replacing the outdated **child welfare data tracking system** and the iFoster web-based portal for youth,
 - **Expanded regional collaboration** for foster placements
 - Additional support for foster youth seeking associate's degrees to participate in **Great Expectations**.
- \$1 million each year to boost the buying power of **SNAP benefits** to purchase fruits and vegetables at farmers markets and community retailers.
- **Creation of a Stronger, More Equitably Resourced Early Education System.** In total, the budget includes an additional \$76 million in state funds and an additional \$7.5 million in ARPA funding for early education and child care. More [here](#).
- Some funding to build out the **language access** initiatives (although not as much as requested)
- \$1.5 million for the state **TICNs!**

Racial Truth & Reconciliation

- Our [June Coalition](#) meeting is on 6/15/22, 12 – 1:30p
- Observing Pride Month & Juneteenth; announcing RTR Week themes and opportunities; GA and budget report-out by Voices' Policy Team
- [July book study](#) out of the RTR Partnerships & Education Committee

An aerial photograph of a university campus during the day. On the left, a prominent, multi-tiered stone tower with a pointed top stands on a hill. The rest of the campus is a mix of green lawns, trees with some autumn-colored leaves, and several large parking lots filled with cars and buses. The sky is a clear, pale blue. The text "Local Updates" is written in a white, serif font across the middle of the image.

Local Updates

Local Updates

[Community Health Improvement Plan](#)

RAISE is responsible for implementing the following tactics:

•**Provide trauma-informed trainings to community groups**

•**Status:** In progress

- Two Trauma-Informed Spaces Workshops have been delivered to residents; ~75 people attended
- The Resiliency Toolkit for Trauma-Informed Supervision Workshop has been delivered to about 50 people

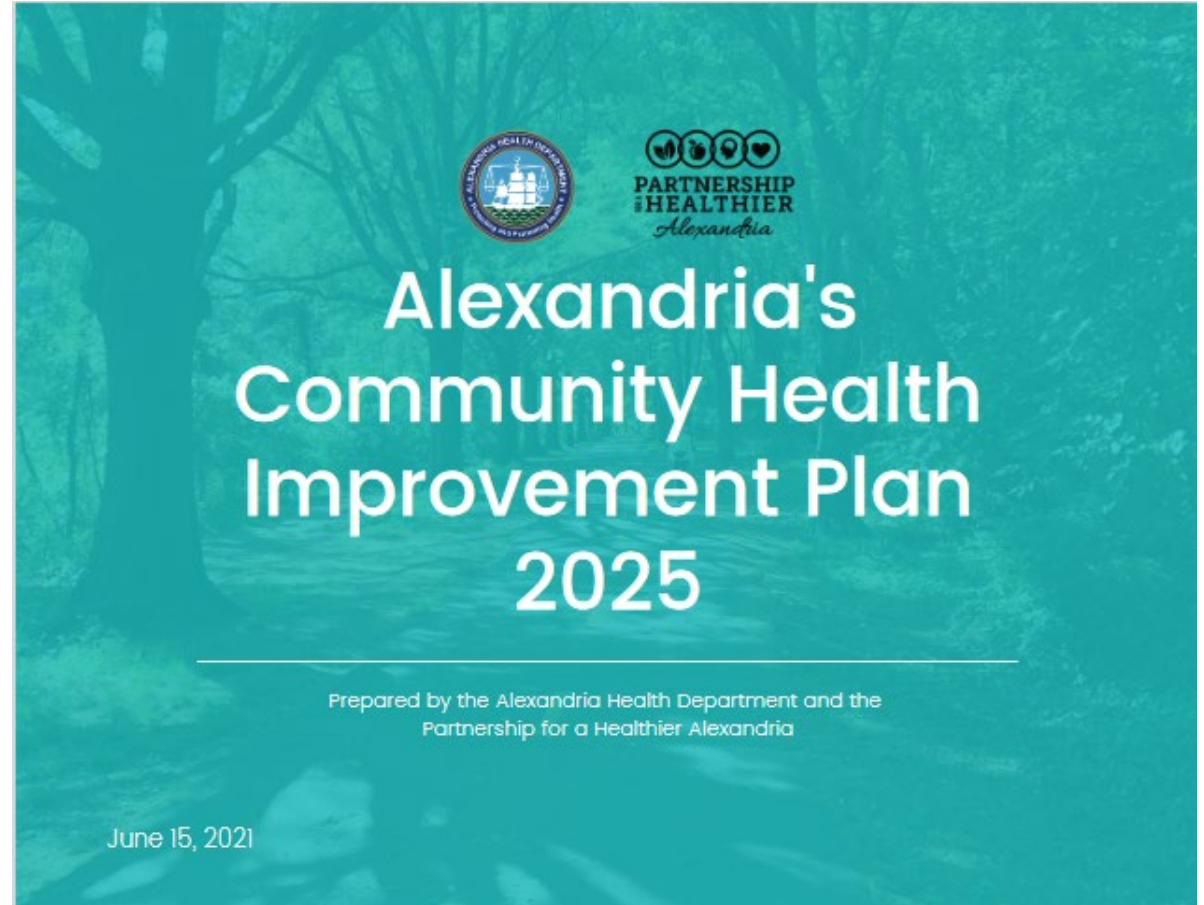
•**Next Step:** Training and Justice Advocacy Committee will work with the Changing Environments and Cultures Committee to develop a TI Training and presenters

•**Train residents on how to advocate for services and funding**

•**Status:** Could be considered complete

- 141 people attended Alexandria's Trauma & Resiliency Summit included 7 workshops that focused on advocacy efforts and how to advocate at the state and local level
- In collaboration with Voices for VA's Children, RAISE hosted an Advocacy 101 training; 14 people attended

•**Next Step:** Training and Justice Advocacy Committee could work with the Office of Race and Social Justice and Voices to scale this up and reach more residents



Local Updates

[Children and Youth Community Plan \(CYCP\)](#)

RAISE is responsible for the following Strategy and Tactics:

- **Strategy #36:** Create a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community
 - **Action a:** Support existing efforts that aim to promote community wellness and resiliency (*ties to Member Engagement and Wellness Committee's work*)
 - **Action b:** Promote the use of the equity lens in decision making (*ties to Training and Justice Advocacy Committee's work*)
 - **Action c:** Deliver trainings focused on ACEs, trauma, and resilience (*ties to Training and Justice Advocacy Committee's work*)
 - **Action d:** Support organizations becoming trauma-informed by providing them with technical assistance in transforming their spaces, policies, and procedures (*ties to Changing Environments and Cultures Committee's work*)
 - **Action e:** Elevate the voices and experiences of marginalized communities to promote healing, reconciliation, and justice and advance policies that dismantle systems that perpetuate racial trauma and inequity (*ties to Training and Justice Advocacy Committee's work*)



CHILDREN & YOUTH COMMUNITY PLAN (CYCP) REPORT CARD

ALEXANDRIA'S PROGRESS TOWARDS ENSURING EVERY CHILD SUCCEEDS TODAY AND TOMORROW

HOW WE ARE DOING



Updates or Announcements
from RAISE members?





RAISE Committee Work



Member Engagement & Wellness Committee

Chairs: Emma & Noraine

Committee's Purpose: Supports existing efforts that aim to promote community wellness and resiliency among RAISE members and the greater community

Strategy 1: Intentionally engage New RAISE Members and make them feel welcome by developing an onboarding process.

Celebrate: Delivered First Member Orientation!

Strategies 2-5: Engage more members through targeted outreach

Celebrate: Recruited 15 more young adult members by tabling at a Health Fair at Marymount University!

Celebrate: Developed and administered a member survey!

Celebrate: Developed a Member Database

Action: Incorporate survey results into member database

Strategy 6: Intentionally engage prospective RAISE members through online platforms, hosting events and trainings, Resilience Week VA Campaign, marketing material

Action: Create a calendar of New Member Orientations and Resilience Screenings throughout the year

Changing Environments & Cultures Committee

Co-Chairs: Erika & Chelsea

Committee's Purpose: Support organizations becoming trauma-informed by providing them with technical assistance in transforming their spaces, policies, and procedures

Strategy: Develop and deliver our own T-I Spaces Workshop

- **Action:** Develop powerpoint on Trauma-Informed Spaces and Cultures using Fairfax TICN's presentation, TI Org self assessments, and other literature

Strategy: Become adept at supporting organizations becoming trauma-informed

- **Action:** Become experts in creating T-I environments and cultures

Strategy: Implement Community Resilience Project by June 30, 2022

- **Celebrate:** Created an online application for organizations to apply for Trauma-Informed Spaces mini-grant!
- **Celebrate:** ALL organizations that applied were awarded funding!

Strategy: Receive funding to offer more organizations with mini-grants to transform their spaces

- **Action:** Seek out grant and other funding opportunities

Justice Advocacy & Training Committee

Co-Chairs: Gina & Jodie

Committee's Purpose: Supports community members and professionals by delivering trainings focused on ACEs, trauma, and resilience, and elevates our community's voices by advocating for justice and advancing policies that dismantle systems that perpetuate racial trauma and inequity

Goal/Strategy: Deliver the Understanding ACEs training to 4,000 people by August 2022

- **Celebrate:** We have reach at least 622 people since May 2020
- **Action:** Check in with each member of the ACE Interface Cohort to see what support they need to deliver trainings

Strategy: Develop and deliver other trauma and resilient trainings to the community

- **Action:** Work with the Changing Environments Committee to develop a Trauma Informed Spaces training
- **Action:** Develop and deliver Trauma-Informed Care Trainings

Strategy: Participate in local and statewide initiatives that advance policies that create trauma-informed systems and dismantle systems that perpetuate racial trauma and inequity

- **Celebrate:** In partnership with Voices for VA's Children, 14 people received an Advocacy 101 training and even more attended the 7 workshops offered at the Trauma and Resiliency Summit
- **Action:** Identify a liaison from RAISE who can attend RTR Coalition meetings
- **Action:** Deliver more advocacy trainings to community members and professionals

Strategy: Support existing efforts that aim to promote community wellness and resiliency.

- **Action:** Work with educators to identify ways to support Alexandria teachers during Teachers' Appreciation Week

July 19 - RAISE Celebrates 3rd Birthday!

- Partnering with Volunteer Alexandria to organize a "Respite Day" for frontline staff
- Based on Greater Richmond SCAN's [Respite Days Program](#)

