

POSITION DESCRIPTION

TITLE: Clinical Psychology Student Extern—Child and Family Behavioral Health Services
WORKING TITLE: Clinical Psychology Student Extern
REPORTS TO: Psychologist/Team Leader
ENTRY GRADE: N/A
STARTING SALARY: N/A
FLSA STATUS: N/A
ESSENTIAL EMPLOYEE: No **CLASS CODE:** N/A **POSITION NO:** N/A

SITE AND POPULATION: CFBHS is a community mental health site that provides outpatient psychotherapy (individual, family, & group), psychological testing, and case management for children and adolescents up to the age of 18 in the City of Alexandria, VA. Our clinical population is mainly uninsured or Medicaid eligible and is seeking out treatment for a wide variety of symptoms, including anxiety, depression, suicidal ideation/attempts, relational issues, academic underachievement, and family dysfunction. Most of our families are also multi-system involved (e.g., courts, CPS, etc.) and require significant case management, as well as outpatient therapy.

MAJOR RESPONSIBILITIES: Provides therapy and psychological assessment services using culturally sensitive lenses to serve a highly diverse and historically underserved population. Utilizes knowledge of research to ensure that evaluative and treatment services conform to the latest standards in the field. Uses strength-based approaches. Consults with other community agencies and participates in treatment team meetings, supervision, and group seminars.

DESCRIPTION OF DUTIES:

- Provides individual and family therapy to children, adolescents, and their families.
- Provides psychological evaluations for a variety of purposes, including diagnostic clarifications.
- Provides crisis intervention.
- Advocates on behalf of the client with various components of the support system
- Confers with other disciplines about specific clients including schools, courts, social services.
- Participates in multidisciplinary treatment meetings, supervision, and seminars.
- Coordinates client care with case manager
- Maintains needed paperwork to conform to Medicaid, CARF, and State-licensing requirements.
- Follows agency procedures as they relate to productivity expectations and client payment issues.

ESSENTIAL KNOWLEDGE, SKILLS, AND ABILITIES: Graduate level knowledge of psychological and mental health issues in children, adolescents, and families. Knowledge of available treatment modalities for working with children, adolescents, and families. Knowledge of psychological testing. Knowledge of relevant literature as it relates to presenting problems. Considerable knowledge of the effects of abuse and neglect on children and adolescents. Considerable knowledge of the social, behavioral, economic and health difficulties in the client population. Extensive knowledge of behavioral interventions. Considerable skills in conducting therapy and building therapeutic rapport including ability to cater therapeutic intervention to developmental level of the family. Knowledge of the American Psychological Association ethical guidelines. Skills in advocacy and interagency collaboration. Ability to communicate effectively both orally and in writing.

MINIMUM REQUIREMENTS: Enrollment in a doctoral program in Clinical or Counseling Psychology. At least two years of graduate training. Therapy and psychological assessment experience. Knowledge about and experience in designing and implementing behavioral interventions. The externship will be considered completed when the extern has earned a minimum of 250 billable hours, and it is expected to last from the third week of August to the middle of May but can be longer should an extern wish to earn more hours. Option to stay through the summer is available upon consideration.

PREFERRED REQUIREMENTS: Three to four years of graduate work in Clinical or Counseling Psychology. Bilingual (English/Spanish) skills.

